



QAMAR FOUNDATION

QAMARCHARITY.ORG

FIVE YEARS OF IMPACT

QAMAR FOUNDATION'S
JOURNEY OF EMPOWERMENT
AND CHANGE

(2019 - 2023)



www.qamarcharity.org



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The Prophet, peace and blessings be upon him, said,

“Myself and the caretaker of an orphan will be in Paradise like this,”

and he held his two fingers together.

Sahih al-Bukhari 5659



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Our Founder Message

Dear Valued Supporters and Beneficiaries,

We extend our sincere gratitude for your steadfast support in advancing our mission. Together, we have transformed lives by providing essential assistance in poverty alleviation, healthcare, education, water and sanitation, and emergency response. Your contributions have made a significant impact, instilling hope and shaping brighter futures for those in need. We remain committed to transparency, accountability, and the highest standards of governance as we continue our journey of making a lasting impact on the lives of the most vulnerable.

Thank you for your continued support.

Sincerely,
Rahmatullah Nowruz



Who We Are?

The Qamar Foundation is a registered non-profit organization headquartered in Afghanistan, with offices in Germany, the UK, and the Netherlands. Our mission is to provide humanitarian assistance to those most in need. We are led by a group of dedicated individuals who are inspired by the principles of equality and justice, and who are committed to saving lives.

Our Approach

Qamar Foundation prides itself on analytical rigor, and we strive to achieve standards of excellence in all our work. This commitment is matched by a dedication to our core purpose, working to improve the living standards of those on low to middle incomes. We aim to ensure our approach is:

Focused - we concentrate our attention and resources on a cohesive range of projects to achieve the greatest impact.

Practical - our policy solutions are derived from robust research and analysis and are practical and achievable.

Influential - we engage with key stakeholders and policy.

Independent - we are independent and non-partisan in our approach; we pursue policy issues on their merit and ability to improve outcomes for low to middle-income households.

Flexible - we adapt our working style to suit the particular needs of each project and are outcome-oriented not process-driven.

Clear - we use a range of methods to convey our ideas and our communication style is clear, concise, and direct.



Child Welfare & Orphans

Orphan Sponsorship

Over the past four years, the Qamar Foundation's Orphan Relief Program has made significant strides in providing sponsorship to orphaned children in Afghanistan. Our efforts have reached almost **1820** orphans across eight provinces. The sponsorship includes quality education, transportation, school books, stationary, basic healthcare, barber services, academic and recreational tours, Eid and winter packages, and food packages.

We are proud to report that as of today, **12,740** beneficiaries are enrolled in this program, receiving quality education through our initiative. This achievement serves as a testament to our unwavering commitment to the well-being and education of these children, and we remain dedicated to furthering our impact and expanding our reach in the years to come.

The program is currently operational in the following provinces: Kabul, Kandahar, Nangarhar, Parwan, Logar, Faryab, and Laghman.

With a donation of just **\$40** per month, you can change the life of a child. Through this program, the following support will be provided to an orphan:

-  **Basic Healthcare**
Children will have access to basic healthcare services.
-  **Transportation**
From home to school and vice versa.
-  **Clothing**
Children will receive Eid and winter cloths.
-  **Quality Education**
School fees, stationary, books, uniform, etc.
-  **Barber services**
Children will have access to free barber services.
-  **Food Package**
The families of children will receive food packages once or twice a year.
-  **Lunch**
Providing lunch for orphans in Parwan province.



-  **Kabul**
-  **Nangarhar**
-  **Logar**
-  **Kandahar**
-  **Faryab**
-  **Laghman**
-  **Parwan**

12,740
Total Beneficiaries






4

3



Orphanage - Home of Hope

The Qamar Foundation established this orphanage as a Children's Home to provide abandoned, neglected, and less fortunate children with safe shelter, education, and food. Our objectives for the orphanage are as follows:

-  To create an environment that fosters joy, happiness, security, and comfort for the children.
-  To develop a program that improves the well-being of children, particularly orphans.
-  To facilitate basic healthcare services for the children.
-  To establish an educational curriculum that helps future generations develop the skills and competencies necessary for a bright future.
-  To create an atmosphere where the children feel cared for and loved by others in the absence of their natural parents.



The Qamar Foundation is committed to providing a nurturing and supportive environment for vulnerable children in Afghanistan. We will continue to work towards improving their quality of life and ensuring their well-being.



5



6

Aid and Relief



7

Zero Hunger

Qamar Foundation sustained communities' livelihood whose economy was zero but interested to learn skills/careers and develop their abilities in order to survive from living under the poverty line and get out of an- ill lucky circle of poverty.

We have registered **300** consecutive families under the umbrella of a Zero hunger project, and **2,100** family members/beneficiaries were receiving food packs for 1 year with sustainable solutions programs.



- Kabul
- Laghman
- Nuristan
- Nangrahar
- Logar
- Kapisa
- Kandahar

2,100
Total Beneficiaries

We have provided the opportunity for needy families to learn the following skills and careers:

- Mechanic Learning
- Carpentry
- Computer Programs
- Mobile Engineering
- Tailoring
- English Language Learning
- Metalworking



8

Emergency Appeals

The Qamar Foundation has provided critical aid to impoverished families in need through our Emergency and Seasonal Aid Appeals. Our efforts have included the provision of food, hygiene packs, and winter packs, enabling families to enjoy a more comfortable and memorable life. We have responded to specific needs during the winter and Ramadan seasons, as well as providing aid to victims of emergency accidents such as floods, earthquakes, and other natural disasters.

Our emergency response aid packs have been distributed in several provinces across Afghanistan, including Herat, Parwan, Panjshir, Kunduz, Logar, Maidan Wardak, Paktika, Khost, Nangarhar, and Laghman. The Qamar Foundation is committed to providing timely and effective assistance to those in need, particularly during times of crisis. We will continue to work tirelessly to support vulnerable communities across Afghanistan.



Items	
	Flour
	Sugar
	Pea Dall
	Hygiene
	Ghee
	Soap
	Rice
	Bean
	Milk

- Paktika
- Herat
- Kabul
- Parwan
- Kunduz
- Laghman
- Jalalabad
- Kandahar

30,000
Total Beneficiaries



2024 Earthquake
Herat, Afghanistan



2023 Earthquake
Paktika, Afghanistan

Micro Business

We have supported more than hundred unprivileged families and marginalized groups (widow women, disabled and elderly) by providing them **milking cows, local shops, sewing machines, Zarang carrier (Load carrier) vehicles** and other income-generated jobs that could sustain their livelihood and support them for a fully sustainable lifetime.



Zarang Carrier
A Zarang (load carrier) vehicle can support an entire family.



Local Shop
Set up a shop for widows and orphans where they can have earnings for livelihood.



By purchasing a swing machine for female-headed families (widows) they will no longer continue begging on the street.



Milking Cow
A cow can support an entire family for life and the solution is scalable over time.



- 📍 Kabul
- 📍 Jalalabad
- 📍 Logar
- 📍 Kandahar
- 📍 Paktia
- 📍 Kunar
- 📍 Parwan
- 📍 Herat

1,190
Total Beneficiaries







Iftar Meal

For millions of people, acquiring sufficient food is a daily struggle; parents face the painful reality of being unable to provide their children with a meal to start and break their fast. With our Warm Iftar Meals program, we helped relieve food insecurity in remote areas throughout Afghanistan. With our donors' support, we reached vulnerable groups and communities that have suffered from a natural disaster or poverty and have adversely affected their food and nutrition security.

-  Kabul
-  Kunar
-  Nangrahar
-  Kandahar
-  Baghlan
-  Laghman
-  Faryab
-  Panjshir
-  Helmand
-  Herat
-  Paktika

Items

-  Rice
-  Water
-  Dates
-  Bread

30,000
Total Beneficiaries



Kabul, Afghanistan
Iftar Warm Meal Distribution

Empowering Lives

Goats for Widows & Needy Families

Goats for Widows & Needy Families

Our mission is rooted in compassion and the importance of supporting those in need. Our Goats for Widows project is dedicated to empowering widows, disabled individuals, and needy families in Afghanistan, helping them rise above their challenges and achieve self-sufficiency.

In the face of adversity, many widows struggle to provide for their families after losing their partners. Disabled individuals often encounter additional barriers, making it even more difficult to secure a stable livelihood. Our initiative aims to provide these vulnerable groups with the tools they need to thrive.

To date, we have successfully distributed **150 goats to 30 families** across various provinces and remote areas of Afghanistan. Each goat represents not just livestock, but hope a source of income, nutrition, and stability. This support enables families to improve their living conditions and invest in their children's education, ensuring a brighter future.

📍 Kunar

📍 Nangrahar

30,000
Total Beneficiaries



Daikundi, Afghanistan
Ramadhan Distribution

Winter Relief

Qamar Helper team delivered the necessary quantities of winter aid to the main concentrations of unprivileged people who were suffering from the winter season.

Since 2019, we were able to help a complete package for **thousands of families** through our humanitarian aid with our supporter's help.



Items

- Flour
- Sugar
- Pea Dall
- Shampo
- Ghee
- Soap
- Rice
- Bean
- Milk
- Blanket
- Wood Burner
- Winter Clothes

- Kabul
- Kunduz
- Parwan
- Kapisa
- Panjshir
- Baghlan
- Nuristan
- Bamiyan
- Wardak
- Ghazni
- Paktia
- Khost
- Faryab
- Helmand
- Farah
- Kandahar
- Herat
- Paktia
- Zabul
- Ghor

20,000
Total Beneficiaries

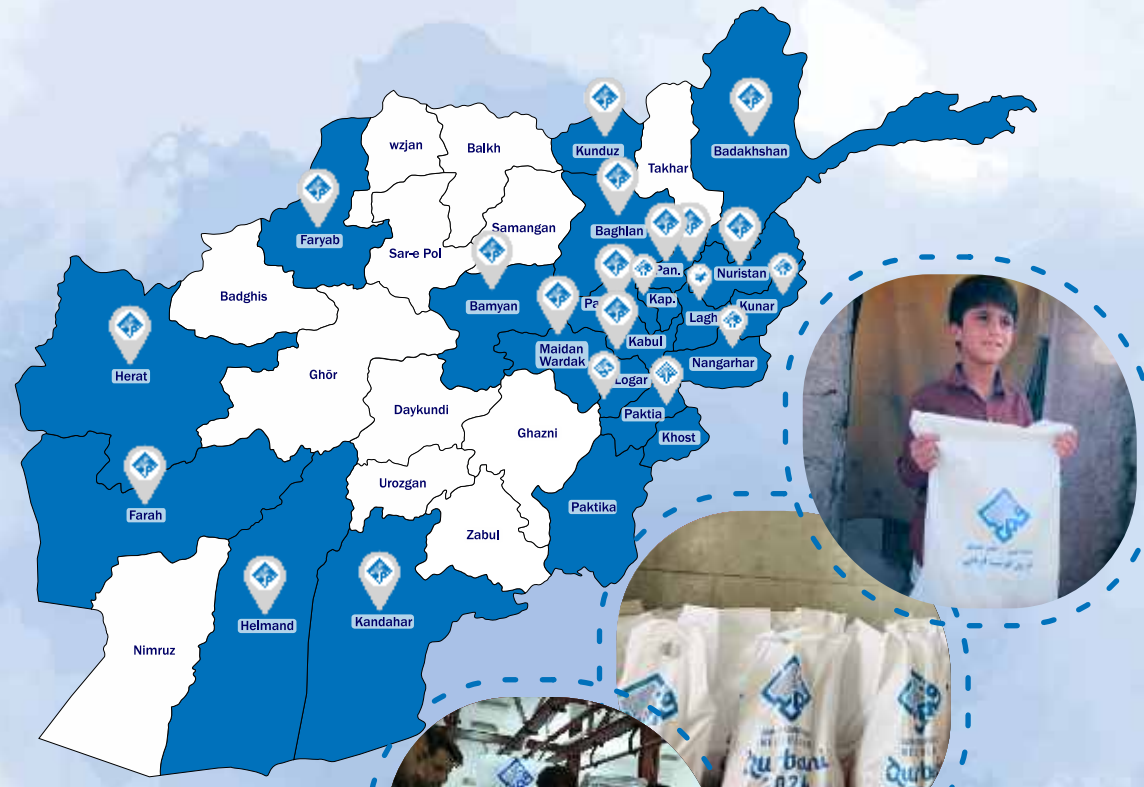


Ghor, Afghanistan
Winter Emergency Response

Qurbani

Since 2019, we had more than **5409** Qurbani in **25** provinces that has been distributed to more than **200,000** poor and needy families to be benefited from nutritious meals, and supply protein-filled meat.

- 📍 Kabul
- 📍 Kunduz
- 📍 Parwan
- 📍 Kapisa
- 📍 Panjshir
- 📍 Baghlan
- 📍 Nuristan
- 📍 Bamyán
- 📍 Wardak
- 📍 Ghazni
- 📍 Paktika
- 📍 Khost
- 📍 Faryab
- 📍 Helmand
- 📍 Farah
- 📍 Kandahar
- 📍 Ghor
- 📍 Jawzjan
- 📍 Balkh
- 📍 Samangan
- 📍 Herat
- 📍 Laghman
- 📍 Nangarhar
- 📍 Kunar



200,000
Total Beneficiaries



















Kabul, Afghanistan
Eid al-Adha

Food Packs and Hygiene Kits Aid

Since 2019, we have been distributed Ramadan Packs to more than **30,000** most needy families. The package was prepared to fulfill the basic living needs of the needy families not only during Ramadan, but also provided sustainable means of living when Ramadan is over.

Items

	Flour
	Sugar
	Pea Dall
	Shampo
	Ghee
	Soap
	Rice
	Bean
	Milk

-  Kabul
-  Kunduz
-  Parwan
-  Kapisa
-  Panjshir
-  Baghlan
-  Nuristan
-  Bamyan
-  Wardak
-  Ghazni
-  Paktika
-  Khost
-  Faryab
-  Helmand
-  Farah
-  Kandahar

210,000
Total Beneficiaries



Daikundi, Afghanistan
Ramadhan Distribution



Water for Life and Engineering department



Parwaan, Afghanistan
Water well

Water Wells

As part of the Qamar Foundation's sustainable projects, we aim to provide safe drinking water to needy people by drilling and constructing water wells equipped with hand pumps to improve health and reduce disease and poverty levels. Our team has drilled almost **800** water wells which have benefited more than **300,000** households since 2019.

- 📍 Kabul
- 📍 Kunduz
- 📍 Parwan
- 📍 Kapisa
- 📍 Logar
- 📍 Baghlan
- 📍 Nuristan
- 📍 Kunar
- 📍 Wardak
- 📍 Ghazni
- 📍 Laghman
- 📍 Nangrahar
- 📍 Faryab
- 📍 Helmand
- 📍 Farah
- 📍 Herat
- 📍 Paktia
- 📍 Khost
- 📍 Shabirghan
- 📍 Samangan

300,000
Total Beneficiaries

 **800** Water Wells



Solar plant

Solar Plant

Clean drinking water has long been a challenge for many families across Afghanistan. For years, communities in these areas faced the dire reality of water shortages, forcing families (particularly women and children) to walk for hours in search of clean water. The lack of access to this basic necessity not only affected the health of these families but also impacted their education, livelihoods, and overall well-being. In response to this pressing issue, **6 solar-powered** water projects have been successfully implemented by Qamar, transforming the lives of around **400 families**. By harnessing the abundant sunlight in the region, solar energy is now being used to pump water from underground sources to easily accessible points within these communities. This has eliminated the need for long, arduous journeys and has provided families with a consistent supply of clean drinking water. The impact of this project goes beyond just access to water. It has empowered women by reducing the time and effort needed to secure water, allowing them to focus on other aspects of their lives. Children, too, now have more time to dedicate to their studies, helping them build a brighter future. Additionally, the use of renewable solar energy has minimized environmental impact and reduced dependence on other energy sources. This solar plant project stands as a testament to the power of sustainable solutions in addressing the most urgent needs of communities. By combining innovation with renewable energy, the initiative has provided hope, health, and a brighter future for hundreds of families.



Solar plant

- 📍 Baghlan
- 📍 Nangrahar
- 📍 Nuristan
- 📍 Faryab
- 📍 Laghman
- 📍 Helmand

150+
Total Beneficiaries



Community Centers and Mosques

Our team has discovered that individuals residing in rural areas are lacking adequate space for religious study and weekly circles to enhance their understanding of their faith. People gather in mosques to worship, learn about religious manners, and read the Holy Qur'an. Our team has successfully constructed over **160** mosques across various provinces in Afghanistan. These structures have been handed over to the communities, allowing them to perform their five daily Salah and Jum'ah prayers.

📍 Kabul

📍 Kunduz

📍 Parwan

📍 Kapisa

📍 Logar

📍 Baghlan

📍 Nuristan

📍 Kunar

📍 Laghman

📍 Nangrahar

📍 Faryab

📍 Helmand

📍 Farah

📍 Paktia

📍 Khost

🕌 160

45,000
Total Beneficiaries



بنیاد قمر
قمر بنسب
Qamar Foundation

Saving lives and Improving
Community Standards
qamarcountry.org

Faryab, Afghanistan
Masjid for rural community

House Building Project

As part of our ongoing efforts to provide immediate assistance to those in need, we have responded to natural disasters and extended support to affected communities. In response to the devastating Herat earthquake, we have constructed **130** houses to impoverished families and victim's family members. Additionally, we have constructed 5 homes to orphans in Laghman province to facilitate a place of hope and joy.

- Herat
- Laghman
- Kunar
- Baghlan
- Faryab

1,000
Total Beneficiaries



Qamar Town
Herat, Afghanistan



2024 Earthquake
Herat, Afghanistan

Education

Educational Scholarships










The Qamar Foundation is proud to announce its commitment to promoting education and knowledge acquisition in Afghanistan through the provision of educational scholarships. Our initiative aims to support the development of a knowledgeable and skilled workforce in the country.

We are pleased to offer **350** national scholarships for undergraduate programs in the following fields: Computer Science, Business/Economics, Law and Islamic Studies, and Engineering. Our scholarships will provide students with financial support to pursue their academic goals and contribute to the growth and development of their communities.

The Qamar Foundation believes that education is a fundamental right and should be accessible to all. Our scholarship program is designed to empower individuals to overcome financial barriers and achieve their full potential. We are committed to promoting lifelong learning and supporting the academic aspirations of students in Afghanistan.



Fields of Study

-  Economics
-  Computer Science
-  Law
-  Islamic Studies
-  Journalism
-  Engineering
-  Nursing
-  Pharmacy
-  Midwifery



Technological Initiative

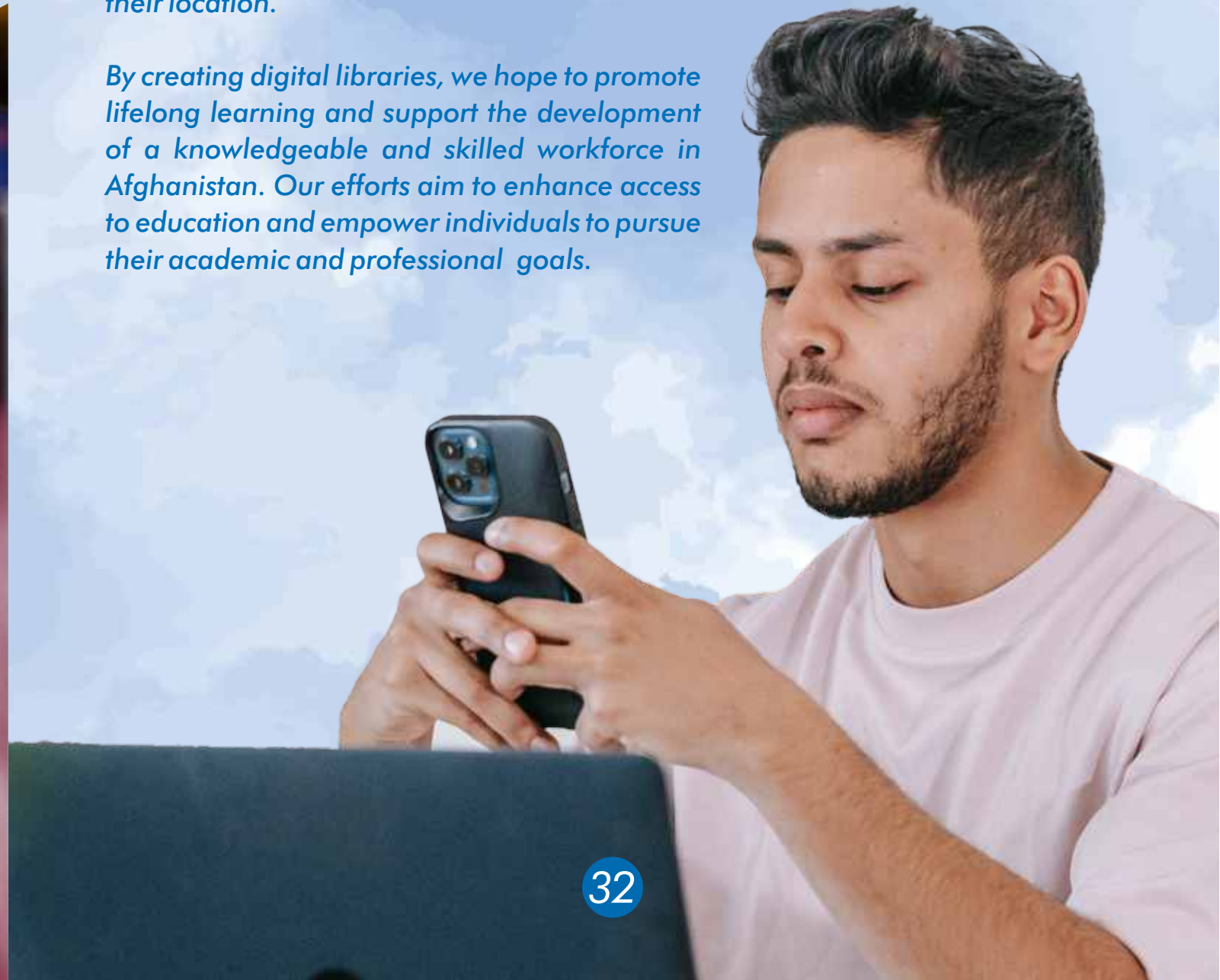
Digital Library for Afghanistan

Digital Library

The Qamar Foundation is dedicated to promoting education and knowledge acquisition in Afghanistan. To this end, we are committed to establishing digital libraries and providing access to digital resources to students across the country.

Our initiative involves developing a comprehensive collection of digital resources, including e-books, articles, videos, and audio recordings, covering various fields of study. These resources will be made available to university students, enabling them to access high-quality educational materials regardless of their location.

By creating digital libraries, we hope to promote lifelong learning and support the development of a knowledgeable and skilled workforce in Afghanistan. Our efforts aim to enhance access to education and empower individuals to pursue their academic and professional goals.



Qamar Care Card

We created a comprehensive online software which is accessible through our website. In this software, we have registered different types of businesses, particularly medical centres to grant a reasonable discount in goods and services, with an additional lead with the medical centres to deliver free medical treatment to those who present the Qamar care card.



We have registered more than **8000 beneficiaries** in Qamar care card system



These beneficiaries have been surveyed in more than **17** different provinces.



Kabul

Kapisa

Parwan

Kapisa

Logar

Baghlan

Paktika

Kunar

Laghman

Nangrahar

Faryab

Panjshir

Wardak

Paktia

Khost

Ghazni

Kandahar

Zabul

8,000

Total Beneficiaries

Giveblood.online

As part of Qamar's plan to build different systems to facilitate ease for the community, we have built a smart system where people can register, seek and donate blood. Since 2020, almost 2000 people registered themselves in the system, and over 3000 volunteers have given blood to needy ones.

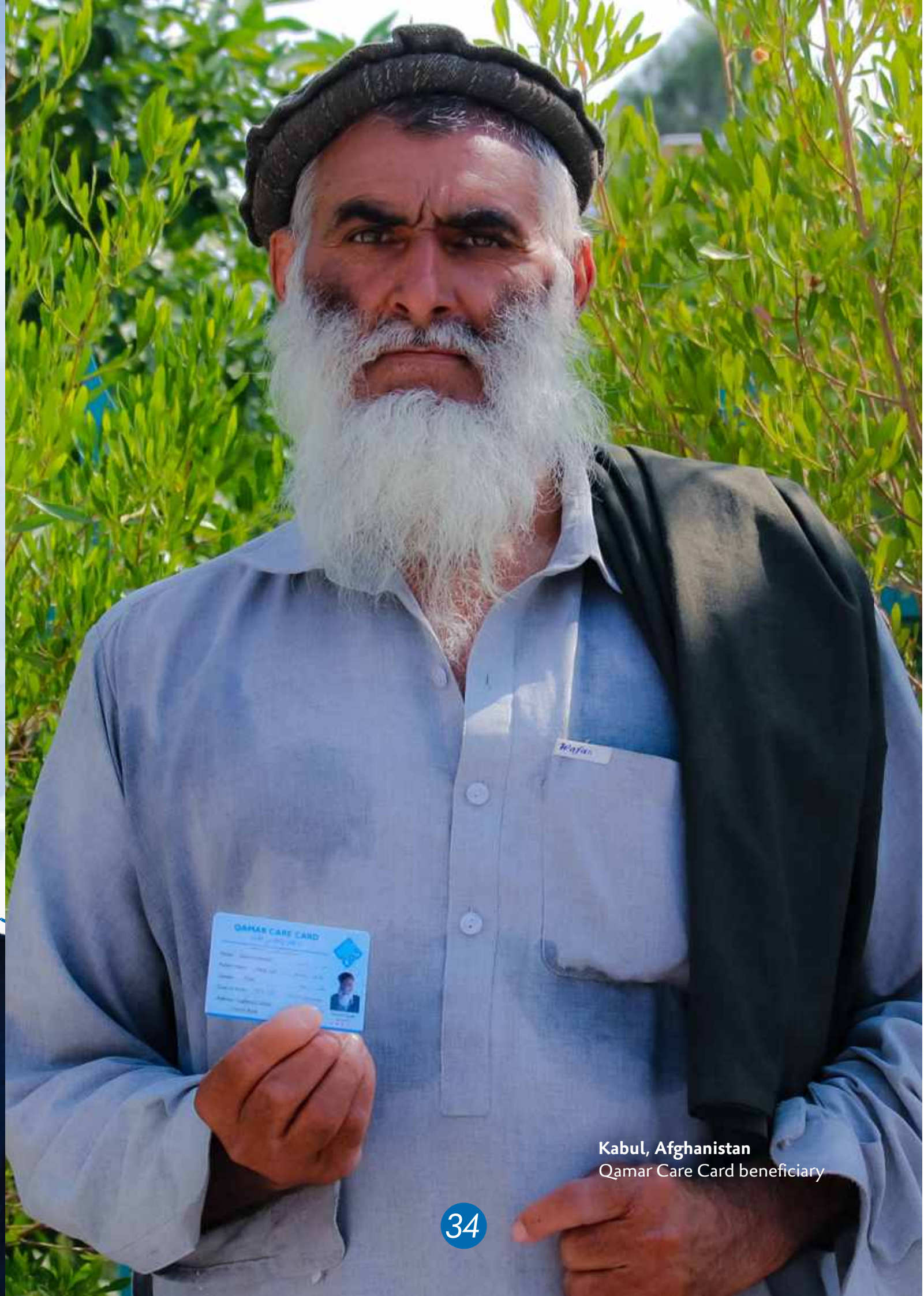


Almost **2000** people registered themselves in the system.



Over **3000** volunteers have given blood to needy ones.

33



Kabul, Afghanistan
Qamar Care Card beneficiary

34

Development Project

Farming

Afghanistan's agro-economy is the primary driver of the country's economy, with livestock being the main source of income for thousands of families. The Qamar Foundation recognizes the importance of agriculture and has established a sustainable farming program to invest in Afghanistan's agricultural industry and increase the production of Afghan products and services. The current suppliers of Afghan products are mostly smallholder farmers and agro-pastoralists, along with value chain actors who trade, process, and deliver products to consumers. Our program aims to provide sustainable solutions to drive the transition to defensible, resilient livelihoods and productive small-scale food producers, improving the livelihoods of Afghans. This will create new job and income-earning opportunities for farmers and boost their earnings by getting their products to markets. The development of farming in Afghanistan is a significant opportunity to improve livelihoods by raising the productive capacity of the national farming sector.

Currently, the Qamar Foundation has started farming activities in Laghman and Kandahar provinces, including poultry, dairy farming, and fruit production.



 Farming

 Poultry

 Fruits Production



Nangahrhar, Afghanistan
Farming Project

Tech Training

Through this program, we have provided an innovative and professional learning opportunity for young teenagers who were willing to develop their skills and are unemployed. We have organized training on UX/UI, Front-end Web Development, Graphic Design, Digital Marketing, and Accounting. This opportunity has helped many youths enhance their capacities, and many of them have found suitable jobs. This program will continue, and we aim to maximize its benefits InshaAllah.



 Front-end Web Development

 Digital Marketing

 UX/UI Design

 Graphic Design

 Accounting

 50  105

Total Beneficiaries



37



Kabul, Afghanistan
Tech Training Program

38

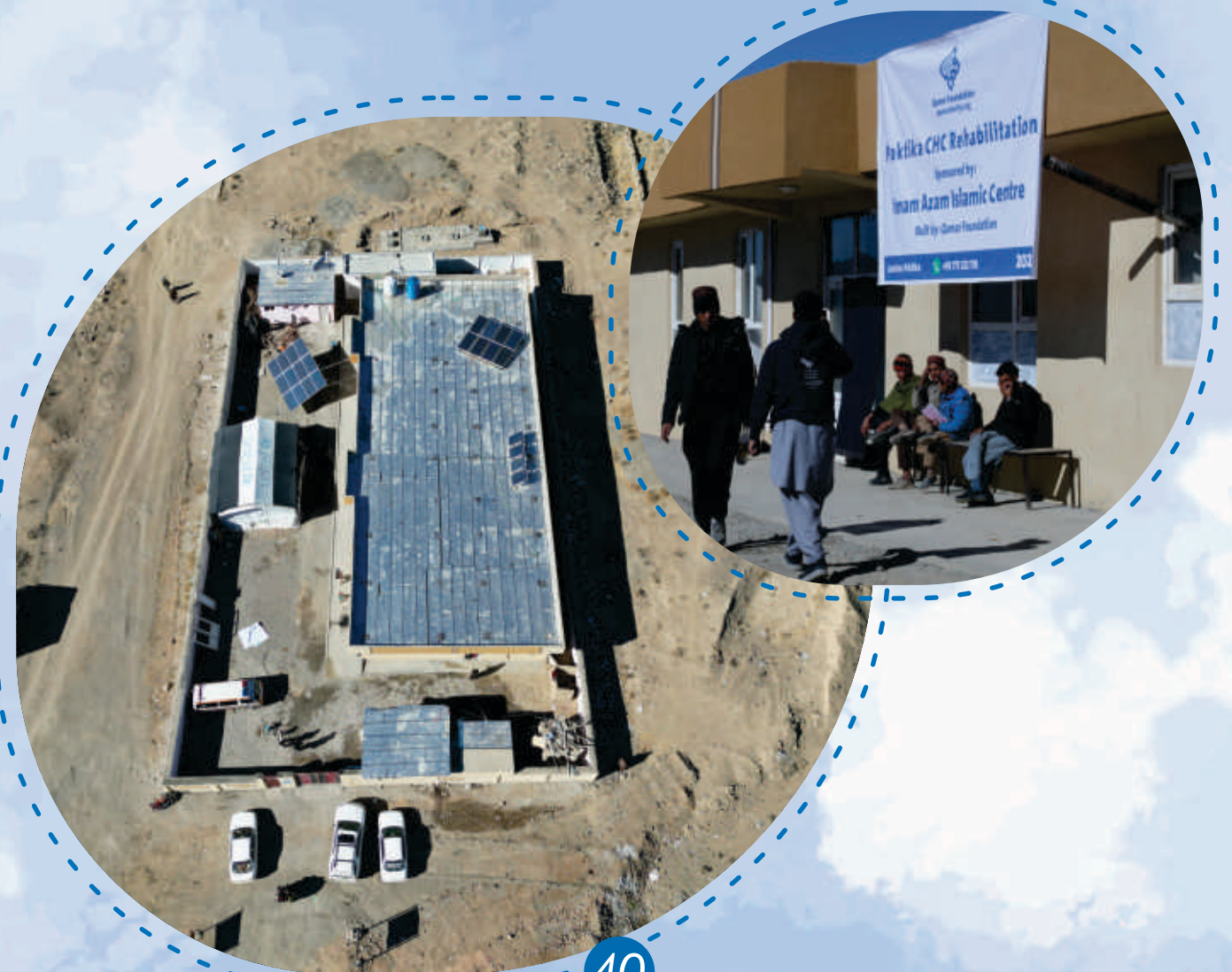
Medical Sector

District Clinic

The Qamar Foundation has expanded its medical programs in Afghanistan to meet the growing needs of the most vulnerable communities by establishing health centers/district clinics. We provide support to Afghan women and children who need medical attention but lack access to health centers due to social stigma, lack of information, and transportation issues. Many of our sisters and mothers suffer in silence, not knowing what to do or where to turn. Therefore, our team has established district clinics, and the construction work has been well-developed. Within the next month, the construction works will be finalized and ready to serve beneficiaries in the provinces of Paktia and Paktika.



The Qamar Foundation Clinic in Paktika province treats more than **20,000 patients** each month.

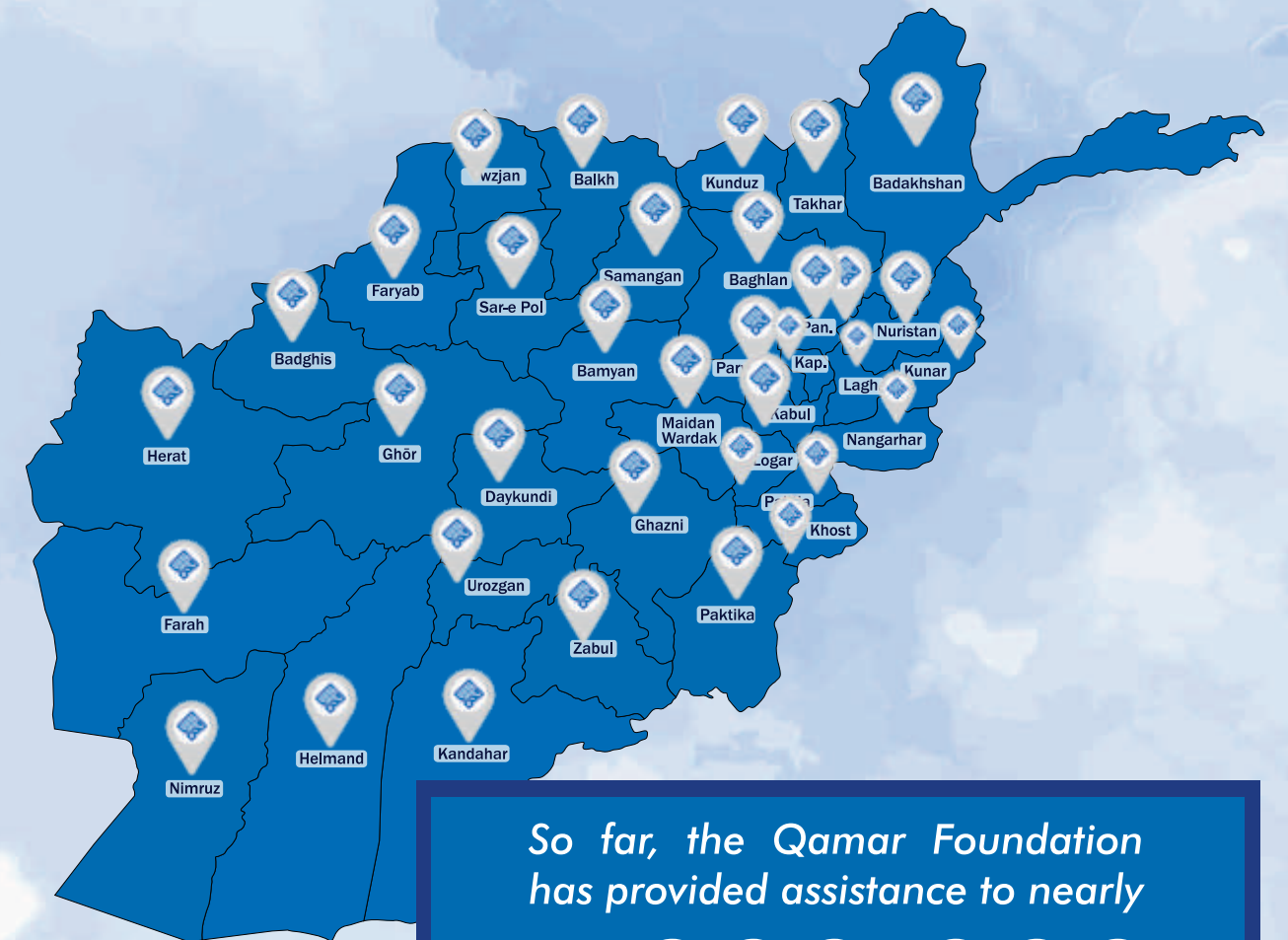


Paktia, Afghanistan
District Clinic



Our Impact

Nearly the **entire** country of **Afghanistan** has benefited from the charitable activities of the **Qamar Foundation**.



So far, the Qamar Foundation has provided assistance to nearly

1,000,000
people in need.

Trust Gets Noticed



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Qamar Foundation |      

Donate Now

Bank Account in Germany Europe

Qamar e.V

IBAN: DE28370501981935235950

BIC: COLSDE33XXX

Bank: Sparkasse

Bank Accounts in Afghanistan

USD Account No. 007801200705578

SWIFT Code: AZBAAFKAXXX

Bank: Azizi Bank

AFN Account No. 007801100703405

SWIFT Code: AZBAAFKAXXX

Bank: Azizi Bank

Bank Account in UK

Qamar Foundation

Sort code 40-09-10

Account number 51464809

IBAN: GB42HBUK40091051464809

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